

High Hopes

The Royal Commission into Institutional Responses to Child Sexual Abuse offers hope for a safer future for our children - at the level of the institution. There is now a need to build hope amongst individuals, families and communities. To achieve this we invite survivors, families and communities to help spread hope by sharing their hopes for the future.

To participate:

- 1) **Write** about your hopes for the future on the blank side of this postcard.
- 2) **Decorate** the postcard.
- 3) **Share** the postcard by emailing it to us at ticketsonmyself@gmail.com or by posting it.
- 4) **Experience** the support at ticketsonmyself.com/highhopes.

Please do not name individual or organisational perpetrators. If you need to talk to a professional please contact Lifeline (131114) or beyondblue (1300 224636).

Place
postage
stamp
here



High Hopes

ticketsonmyself.com

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